

Shake my hand

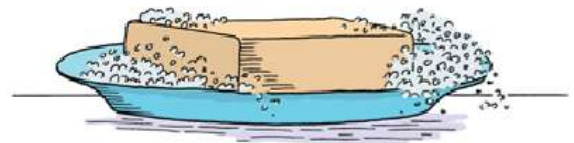
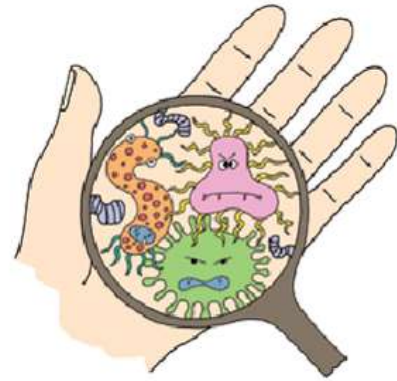
Time	: 15 mins
Materials	: Soil or chalk dust, water and soap for hand washing
Age	: 12 or below (higher forms students can organise activity 3 and 4 jointly)
Capacity	: 10–12 per group

Aim:

To learn how germs pass from one person to another

Steps:

1. Separate students into groups of 10 to 12. (Higher form students can make Tippy Tap first – Activity 2)
2. Ask students to line up.
3. First participant of each line covers his/ her palms in soil or chalk dust.
4. The person with the 'dirty hands' shakes the hand of the next person, and continues shaking hands down the line.
5. Each group reports that there are how many of them have the soil or chalk dust on their hands? (Even the smallest speck counts)
6. Explains to participants that how germs pass from one person to another.
7. Ask participants: How could we stop this from happening?
8. Explain to participants that washing hands with soap can solve the problem effectively.
9. Ask the first participant with the 'dirty hands' to wash them with soap and hold them up for all to see. The 'dirt' has now gone (Can use the pre-arranged Tippy Tap to wash hands).



Source: WASH for Schoolchildren in Emergencies: A Guidebook for Teachers